

Vegan Crumbs

V+ Veggie Tofu Scramble 15.75

Perfectly seasoned organic tofu, mushrooms, spinach, cherry tomatoes, onions & diced peppers. Served with your choice of toast.



V+ Vegan Avocado Toast 13.5

Perfectly seasoned house-made avocado mash topped with arugula, cherry tomatoes & a sprinkle of everything seasoning. Served on 2 generous slices of grilled rustic sourdough.

GF Chia Coconut Pudding 11

V+ Refreshing, vegan, gluten-free, keto-friendly creamy deliciousness! Made with coconut milk & almond milk, strawberries & blueberries.

Add walnuts, almonds & peanut butter 3.5

Sweet tooth? Add honey & bananas 3



GF Vegan Blueberry

V+ Explosion Waffle 17

Stack of Vegan & GF Belgian waffle squares, topped with warm house-made compote, walnuts, fresh blueberries, strawberries & bananas. Dusted with powdered sugar & served with a side of syrup & vegan butter.



V+ Vegan Quinoa Bowl 14.75

Organic Peruvian quinoa, sliced avocado, fresh kale, black beans, cherry tomatoes & cilantro. Served with our citrus vinaigrette.



V+ Vegan Shakshouka 16.25

Scrambled tofu on a spicy sauce of stewed tomatoes, onions, red peppers, garlic & extra virgin olive oil. Topped with cilantro & served with rustic sourdough.

Add avocado 3

