

Crumbs Bowls

V Lydia's Breakfast Bowl 14.75
Two eggs any style, sliced avocado, roasted potatoes, spinach, cherry tomatoes, onions, garlic sauce & a sprinkle of everything "but" the bagel seasoning.

V+ Make it vegan: sub the eggs for tofu

Carnivore-ize It! 4

Add chicken apple sausage



Steel Cut Oatmeal 9

Pick 3: milk, brown sugar, raisins, dried cranberries, slivered almonds or walnuts.

Add fresh berries 4



V Shakshouka 16.25
Two fried or scrambled eggs on a spicy sauce of stewed tomatoes, onions, red peppers & garlic. Topped with crumbled feta & cilantro, served with rustic sourdough.

Add avocado 3

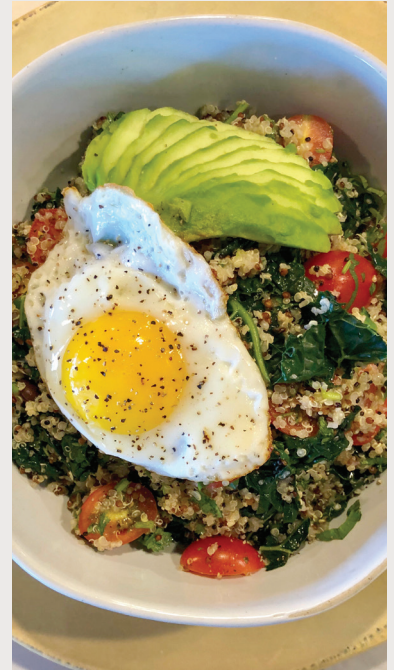
Hannah's special: add
grilled jalapeños 1.5

Carnivore-ize It! 4

Add chorizo & linguica



V Quinoa Avocado Bowl 15.75
Organic Peruvian quinoa, two fried eggs, avocado slices, fresh kale, black beans, cherry tomatoes & cilantro. Served with our house-made citrus vinaigrette.



Breakfast Yogurt Bowl 12

Greek yogurt & rich organic granola. Perfectly naturally sweetened oats, almonds, pumpkin & sunflower seeds, dried blueberries & cranberries, topped with fresh strawberries, blueberries, slivered almonds, sprinkled with coconut flakes & drizzled with honey.

Add any .50¢

*Bananas, chocolate chips,
peanut butter or walnuts*

